

READY TO RESEARCH – RESOURCES

Scientific articles

How to write a scientific article (Hoogenboom & Manske 2012)

<https://pubmed.ncbi.nlm.nih.gov/23091783/>

A new evidence pyramid (Murad et al. 2016)

<https://pubmed.ncbi.nlm.nih.gov/27339128/>

Effect of an Integrated Naturopathy and Yoga Program on Long-Term Glycemic Control in Type 2 Diabetes Mellitus Patients: A Prospective Cohort Study (Bairy et al. 2020)

<https://pubmed.ncbi.nlm.nih.gov/32030020/>

A simplified guide to randomized controlled trials (Bhide et al. 2018)

<https://pubmed.ncbi.nlm.nih.gov/29377058/>

Systematic review or meta-analysis? Their place in the evidence hierarchy (Paul & Leibovici 2013)

<https://pubmed.ncbi.nlm.nih.gov/24354996/>

Books

Berg & Latin, 2008: Research Methods in Health, Physical Education, Exercise Science, and Recreation. Wolters Kluwer, Baltimore & Philadelphia