



## RESOURCES

### Scientific articles

Comparison of nerve growth factor-induced sensitization pattern in lumbar and tibial muscle and fascia (Weinkauf et al., 2014), <https://pubmed.ncbi.nlm.nih.gov/25521275/>

Sensory findings after stimulation of the thoracolumbar fascia with hypertonic saline suggest its contribution to low back pain (Schilder et al., 2014), <https://pubmed.ncbi.nlm.nih.gov/24076047/>

Changes in electrical pain threshold of fascia and muscle after initial and secondary bouts of elbow flexor eccentric exercise (Lau et al., 2015), <https://pubmed.ncbi.nlm.nih.gov/25519953/>

Reduced thoracolumbar fascia shear strain in human chronic low back pain (Langevin et al., 2011), <https://pubmed.ncbi.nlm.nih.gov/21929806/>

Ultrasonography in myofascial neck pain: randomized clinical trial for diagnosis and follow-up (Stecco et al., 2014), <https://pubmed.ncbi.nlm.nih.gov/23975091/>

Ultrasound Evaluation of the Combined Effects of Thoracolumbar Fascia Injury and Movement Restriction in a Porcine Model (Bishop et al., 2016), <https://pubmed.ncbi.nlm.nih.gov/26820883/>

Innervation of the thoracolumbar fascia (Mense, 2019), <https://pubmed.ncbi.nlm.nih.gov/31579474/>

Innervation changes induced by inflammation of the rat thoracolumbar fascia (Hoheisel et al., 2015), <https://pubmed.ncbi.nlm.nih.gov/26003735/>

Impaired Lymphatic Drainage and Interstitial Inflammatory Stasis in Chronic Musculoskeletal and Idiopathic Pain Syndromes: Exploring a Novel Mechanism (Tuckey et al., 2021), <https://www.frontiersin.org/articles/10.3389/fpain.2021.691740/full>

Potential Nociceptive Role of the Thoracolumbar Fascia: A Scope Review Involving In Vivo and Ex Vivo Studies (Sinhorim et al., 2021), <https://pubmed.ncbi.nlm.nih.gov/34640360/>

The Lumbodorsal Fascia as a Potential Source of Low Back Pain: A Narrative Review (Wilke et al., 2017), <https://pubmed.ncbi.nlm.nih.gov/28584816/>

Remote effects of lower limb stretching: preliminary evidence for myofascial connectivity? (Wilke et al., 2016), <https://pubmed.ncbi.nlm.nih.gov/27124264/>

Role of fasciae in nonspecific low back pain (Casato et al., 2019), <https://pubmed.ncbi.nlm.nih.gov/31579477/>

Does the Interaction between Local and Systemic Inflammation Provide a Link from Psychology and Lifestyle to Tissue Health in Musculoskeletal Conditions? (Klyne et al., 2021), <https://pubmed.ncbi.nlm.nih.gov/34298917/>

## **Book chapter**

Fascia as a sensory organ (Schleip & Stecco, 2021 in Schleip & Wilke (ed.), Fascia in Sport and Movement, 2021, 2nd edition)

## **Webinar**

Fascia Research Society, Webinar “Innervation of Fascia” by Carla Stecco, April 08, 2020