



RESOURCES

Scientific papers

Beckmann J, Fimpel L, Wergin VV. Preventing a loss of accuracy of the tennis serve under pressure. PLoS One. 2021 Jul 26;16(7):e0255060. doi: 10.1371/journal.pone.0255060. PMID: 34310638; PMCID: PMC8312934.

Peter Gröpel & Christopher Mesagno (2019) Choking interventions in sports: A systematic review, *International Review of Sport and Exercise Psychology*, 12:1, 176-201, DOI: 10.1080/1750984X.2017.1408134

Yu R. Choking under pressure: the neuropsychological mechanisms of incentive- induced performance decrements. *Front Behav Neurosci*. 2015 Feb 10;9:19. doi: 10.3389/fnbeh.2015.00019. PMID: 25713517; PMCID: PMC4322702.